



2025 Ballon d'OrAwards

Current Affairs





The Borrowed Light

Students' Corner





Beyond Grades: Learning from Every Fall

very student has dreams. Some dream of becoming L'doctors, while others aspire to be engineers, teachers, leaders, or scientists. However, all dreams share one commonality: they require effort, learning, and courage. Yet many students do not know how to learn effectively. Some also fear failure so much that they stop trying. In reality, learning and failure are two sides of the same coin. They are not enemies; rather, they are best friends who help us grow. If you understand the art of learning how to learn, and if you embrace the importance of failure, you will discover that nothing is impossible.

What Does "Learning How to Learn" Really Mean?

Many children think that learning means memorizing textbooks or repeating answers. But real learning is much deeper. Learning means understanding, connecting ideas, and being able to apply knowledge in real life. When you memorize without understanding, the knowledge may stay for one exam, but it quickly fades away. When you truly learn, it stays with you forever.

For example, imagine trying to learn the meaning of the word honesty. If you only memorize the dictionary meaning, you may forget it in a few days. But if you see honesty in your own life—like returning a lost pencil to a friend—you will never forget it. This is the difference between shallow memorization and deep learning.

The Brain is Like a Muscle

Think of your brain as a strong but flexible muscle. If you exercise it regularly, it becomes stronger. If you ignore it, it becomes weak. Scientists have proven that every time you learn something new, your brain creates new connections

called neural pathways. The more you practice, the stronger these pathways become.

Consider learning multiplication tables. At first, you may struggle to remember them. But after regular practice, the answers come to you automatically. This is because your brain has built strong connections, just like wellpaved roads that help you travel quickly.

So, never say, "I am weak in mathematics" or "I can never do science." Instead, say, "I need to practice and train my brain more."

Techniques for Smart Learning

Many students study for long hours but still do not perform well. The reason is that they study harder, not smarter. Smart learning is about using methods that help the brain remember faster and better.

Some powerful techniques include:

- Active Recall-After reading a lesson, close your book and test yourself. Ask: What did I just read? This strengthens memory.
- Spaced Repetition Review lessons in small parts over many days instead of cramming everything in one night.
- Visualization and Mind Maps





Afzal Kolari Executive Director, IAME **EDITORIAL**

The power of peace: practicing non-violence in school & beyond

Every year, on October 2, the world pauses to remember Mahatma it is filled with respect, empathy, and understanding. It is a place where Gandhi, the Father of our Nation. whose life became a message to humanity - that true strength lies not in force, but in peace, patience, and non-violence. The International Day of Non-Violence is more than a tribute; it is a call to live by the values that build harmony in our classrooms, homes, and communities.

In schools, non-violence begins in the smallest of moments - a kind word instead of a harsh one, a helping hand instead of a push, an apology instead of anger. It is in how we treat our classmates, our teachers, and even ourselves. Anon-violent environment is not just free from fights or bullying;

every student feels safe to express, learn, and grow.

But the spirit of non-violence does not stop at the school gate. Outside, it extends to our families, our friends, and the world we live in. It is seen when we resolve differences through dialogue, when we respect others' opinions, and when we choose kindness over cruelty, both in person and online. In today's digital world, practicing non-violence also means spreading positivity, avoiding hurtful comments, and standing up against cyberbullying.

Mahatma Gandhi once said, "Non-violence is the greatest force at the disposal of mankind." When we live by this principle, we not only build peaceful schools but also a peaceful world. As students, we hold the power to shape the future - a future where compassion is stronger than conflict, and love louder than hate.

This International Day of Non-Violence, let us take a pledge: to be gentle in words, firm in values, and peaceful in actions. Because the path to a better world begins with the peace we create - within ourselves and around us.

Let's make every classroom a garden of peace and every heart a home of kindness.

- -Draw diagrams, flowcharts, or simple pictures to connect ideas. The brain remembers images better than plain text.
- Teaching Others-If you can explain a chapter to a friend in simple words, it means you truly understand it.
- Mnemonics-Use small tricks or funny sentences to remember facts. For example, to remember the planets, students often use short creative phrases.

When you use these techniques, studying becomes not only easier but also fun.

The Habits of Good Learners

Good learners are not born different from others. They simply build certain habits. First, they are curious. They ask questions like "Why?" and "How?" Second, they are consistent. They study a little every day instead of



Learning and failure are not separate. They are connected. When you make a mistake in solving a math problem, you learn the correct method betterthanifyouhad solved it correctly the first time. When you forget an answer in an exam and later revise it, it becomes fixed in your memory more strongly.

rushing at the last moment. Third, they manage their time well. They give

attention not only to studies but also to rest, exercise, and hobbies. Fourth, they accept mistakes and try to improve from them. Finally, good learners respect their teachers and seek guidance whenever they face difficulties.

If you develop these habits, your learning journey will be smooth and joyful.

Why Do Students Fear Failure?

Now let us talk about the second theme: failure. Many students are terrified of exams. Some feel broken when they get poor marks. They think failure means they are useless. But this is not true. Failure is natural. Every successful person in history has failed at some point.

The reason students fear failure is because of society's pressure. Sometimes parents, relatives, or friends compare one student with

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another. This comparison makes children think that a mistake or a low mark is the end of the world. But failure is not the end—it is simply a lesson in disguise.

Failure as the Best Teacher

Failure is not the opposite of success. In fact, it is the stepping stone to success. When you fail, you learn what does not work. This guides you toward the right path.

Think of Thomas Edison, the inventor of the light bulb. He failed more than 1,000 times before he succeeded. Yet, he never gave up. He said, "I did not fail 1,000 times. I found

1,000 ways that do not work." If Edison had given up after a few failures, the world would still be in darkness.

Another example is Dr. A.P.J. Abdul Kalam, the Missile Man of India. In his early experiments, he faced many failures. But he learned from each mistake and improved. Eventually, he became one of the greatest scientists and even the President of India.

Failure is not your enemy. It is your greatest teacher.

Stories of Great People Who Failed First

Albert Einstein could not speak fluently until the age of four. His teachers thought he was slow. Yet, he grew up to be one of the greatest scientists in history.

J.K. Rowling, the author of Harry Potter, faced rejection from 12 publishers before her book was finally accepted. Today, her books are read all over the world.

Walt Disney, the creator of Mickey Mouse, was once fired from a newspaper because his boss said he "lacked imagination." Later, he built the Disney empire and became a legend.

These stories show that failure is not the end-it is the beginning of greatness.

The reason students fear failure is because of society's pressure. Sometimes parents, relatives, or friends compare one student with another. This comparison makes children think that a mistake or a low markistheend of the world. But failure is not the end-it is simply a lesson in disguise.

How to Handle Failure with Courage

When you fail, do not hide or feel ashamed. Instead, face it bravely. Here are four steps you can follow:

- 1. Accept it—Everyone fails. Do not deny it or make excuses.
- 2. Analyze it Ask: Where did I go wrong? Did I study properly? Did I manage my time well?
- 3. Improve—Find new methods and correct your mistakes.
- 4. Try again Success comes to those who keep trying, not those who quit.

Remember the famous saying: "Our greatest glory is not in never falling, but in rising every time we fall."

Failure Builds Character

Failure is not just about marks. It builds qualities like patience, courage, humility, and resilience. A student who fails but keeps trying develops a stronger personality than one who succeeds easily.

Think of athletes. Before winning a medal, they lose many matches and make many mistakes. But each loss teaches them how to become better. Similarly, each failure in studies makes you wiser and stronger.

Even in the lives of prophets and great leaders, difficulties came first, followed by success. Struggles polish the diamond of character.

The Link Between Learning and Failure

Learning and failure are not separate. They are connected. When

you make a mistake in solving a math problem, you learn the correct method better than if you had solved it correctly the first time. When you forget an answer in an exam and later revise it, it becomes fixed in your memory more strongly.

A baby learns to walk by falling many times. If the baby gave up after falling, no one would ever walk. Similarly, your academic failures are not punishments—they are training sessions for your brain.

Practical Tips for Students

Now, let us put everything together with some daily tips:

- Divide your study time into smaller sessions.
- Ask questions in class without fear.
- Review your lessons daily.
- Sleep well, eat healthy, and exercise for a fresh mind.
- Compete with yourself, not with others.
- Never stop after failure—always try again.

These habits will make you a lifelong learner.

Dear students, success is not about never failing. It is about learning how to learn and using failure as a stepping stone. Every time you open a book, you are training your brain. Every time you fail, you are building your strength.

So, never fear failure. Instead, welcome it as a teacher. And never stop learning, because learning is the key to every door in life. If you master these two lessons—learning how to learn and the importance of failure—you will not only achieve high marks in school but also grow into strong, wise, and successful human beings.

Remember this final message: "Failures are the footprints of success, and learning is the bridge that leads you there."

ISET CORNER / CURRENT AFFAIRS

- Who recently assumed charge as the new Controller General of Accounts (CGA)? - T.C.A. Kalvani
- 2. Who received the Padmaprabha Award 2025? - Alankode Leelakrishnan
- 3. Who has been appointed as India's new Ambassador to the UAE?
 - -Dr. Deepak Mittal
- 4. Which Indian NGO, working to educate girls in rural areas, won the 2025 Ramon Magsaysay Award? Educate Girls Globally
- 5. Which country successfully performed the first pig-to-human lung transplant? China
- 6. Which fighter jet was decommissioned after 62 years of service in the Indian Air Force?MiG-21



- 7. Who became the longest-serving Union Home Minister in independent India? Amit Shah
- 8. What was the name of the youth-led protest in Nepal against the government's ban on 26 social media apps including Facebook, Instagram, and WhatsApp?
 - -Gen-Z Revolution
- 9. Which Indian state became the first to implement its own education policy? Tamil Nadu
- 10. Who is the Malayali appointed as India's new High Commissioner to Seychelles? Rohit Ratheesh
- 11. Who won the 2025 Men's Asia Cup Hockey Championship?
 India

12. Which team clinched the title in the 2nd Kerala Cricket League?
- Kochi Blue Tigers



- 13. Who became the first Indian to win the World Youth Scrabble Championship? Madhav Kamath
- 14. Which Indian shooter won gold at the Asian Shooting Championship in Kazakhstan? -Elavenil Valarivan

2025 Ballon d'Or Awards

- Best Male Player? Ousmane Dembélé (PSG, France)
- Best Female Player? Aitana Bonmatí (Barcelona, Spain)
- Best Young Player? Lamine Yamal



- 15. In which case did the Supreme Court rule that death penalty procedures can be challenged if due process is violated? Vasant Sampat Dapare vs. State of Maharashtra
- 16. Which village in Sudan was completely wiped out by a landslide in the Ma Mountain region? Tarasin
- 17. Who became the 15th Vice President of India? C.P. Radhakrishnan

SEPTEBMER

- 18. Who won the 2025 U.S. Open Men's Singles title?
 - Carlos Alcaraz



- 19. What was the name *C.P. Radhakrishnan* of the statewide police operation in Kerala against loan sharks?
 - Operation Shylock
- 20. Who became the first person from Kerala to win the Red Elephant Award? Muhammad Farhan
- 21. Which country is the world's second-largest fish producer?
 India
- 22. Which Kerala government institution won the Swadeshi Samman National Award? KSFE
- 23. What is the Kerala government's initiative to connect governance with citizens? Citizen Connect Centre
- 24. What is the comprehensive online platform launched for digitizing Animal Husbandry Department operations? e-Samruddha



- 25. Where was the world's first Digital Tribal University inaugurated?
 - Bharat Mandapam, New Delhi
- 26. Who became
 Nepal's first woman
 Prime Minister?
 Sushila Karki
- 27. Which country was devastated by
 Typhoon Tapa in
 September 2025? China



28. Who won gold in the 57 kg category at the 2025 World Boxing Championship? - Jaismine Lamboria (Haryana)





- 29. What is the name of Mizoram's first railway line? **Bairabi Sairang Line**
- 30. Who clinched gold in the 48 kg category at the 2025 World Boxing Championship? Meenakshi Hooda
- 31. Which former Prime Minister received the P.V. Narasimha Rao Memorial Award



Dr. Manmohan Singh

- 2025? Dr. Manmohan Singh
- 32. Which area in Kerala was added to UNESCO's Tentative World Heritage List? Varkala Cliffs
- 33. Who is the new jersey sponsor for India's men's and women's cricket teams? Apollo Tyres
- 34. Who became the oldest person to climb Mount Fuji at the age of 102? Kokichi Akuzawa



Kokichi Akuzaw

- 35. Where was India's longest cantilever glass bridge opened?
 Andhra Pradesh
- 36. Who won the 2025 U.S. Open Women's Singles title? Aryna Sabalenka (Belarus)
- 37. Who became the first Indian to win a gold medal in World Speed Skating Championships held in China? Anandkumar Velkumar
- 38. Who received the Dadasaheb Phalke Award 2023 for lifetime contribution to cinema? Mohanlal
- 39. Where did India's first digital family court begin operations?
 Sasthamkotta, Kerala
- 40. Who is the current President of the Board of Control for Cricket in India (BCCI)? Mithun Manhas



- 41. Who has been appointed as the Secretary to Vice President C.P. Radhakrishnan? Amit Khare
- 42. Where in India was the new plant species Impatiens selvasingii discovered? Western Ghats
- 43. Who received Tamil Nadu's highest civilian honour in arts and literature, the Kalaimamani Award? Shweta Mohan
- 44. Who received Tamil Nadu's M.S. Subbulakshmi Award for contributions to music? **K.J. Yesudas**
- 45. In which country was India's first overseas defence manufacturing plant established? **Morocco**
- 46. What is the Kerala Police initiative to combat children's digital addiction and promote safe internet use? **D-DAD** (**Digital De-Addiction Drive**)

TEACHERS CORNER

Fair and unbiased – the true mark of a great teacher



SAFLAPS

Islamic Central School, Ottapalam

"Fairness isn't just a choice—it's the mark of a teacher who truly inspires"

Agreat teacher is not just one who explains lessons well, but one who teaches through fairness and unbias. Fairness build trust. When every student is treated with the same respect and opportunity, a classroom turns into a space of confidence and growth. Students feel safe to express themselves, knowing they will be heard without bias or judgement. No favorites, no comparisons—just equal

chances to shine. In today's world, students remember not just what we teach, but how we make them feel. A fair and unbiased teacher does not just teach lesson, they live them—showing integrity, equality, and empathy every day.

Let me share my own experience. Back in school, I had a teacher who only cheered for the "bright" kids and ignored the rest of us. She insulted the average students, made us feel small. Honestly, she didn't just ignore us-she often insulted us, sometimes in front of everyone, sometimes personally. Just a look from her made it clear: she didn't want us to grow, to succeed, or even to try. Naturally, we started hating that teacher, that subject and eventually, school itself. But here's the twist—life has a funny way of teaching lessons. Those bright students she adored? Many of them didn't go as far as expected. And the 'average' or 'weak' students like me? Almost all of us are thriving today, leading successful careers, and living proof that marks don't define one's future. So please... Don't judge. Don't favor. Never judge someone by their grades



or outward performance. Treat everyone equally, support all your students, and inspire each one to shine, because every mind has the power to shine. And always remember greatness isn't just for the "bright" few. There were also some teachers who may not have had all the skills, or charm. They scolded, they punished, they weren't perfect. But they were fair to everyone. No favorites, no bias. Those teachers? They stay. In our hearts. In our memories. Every Teacher's Day, we think of them, we wish them and also visit them.

Because they taught us more than lessons—they taught us fairness, respect, and the power of treating everyone equally. They don't just teach lessons, they leave marks on hearts that lasts forever.

When teaching is guided by fairness and without bias, it becomes more than a job—it becomes an inspiration that stays for life. As a student, I've seen what bias feels like. So now as a teacher, I refuse to let my students experience that. And that doesn't mean, I aim to be anyone's "favorite", and yes, I will scold, punish and

correct when needed. But fairness is my compass. No partiality, no favoritism. Every student is equal, every mind has the power to shine, and it's my duty or our duty to help them all grow. Because true teaching isn't about picking stars—it's about making every star brighter. A teacher's greatness shines brightest when fairness guides every step. True teaching begins where bias ends.

When fairness leads, respect, trust, and real learning follow

STUDENTS CORNER

Cancer's Hidden Survival Strategy: How Mitochondria Help Tumors Survive and Spread



A ground breaking study recently featured in Science Daily has uncovered a remarkable survival mechanism used by cancer cells - one that could revolutionize how scientists approach the fight against metastasis.

Researchers found that when cancer cells are squeezed within dense or confined tissues, their mitochondria-the cell's power generators - migrate toward the nucleus. Once there, they release a burst of energy that fuels rapid DNA repair, helping the cells survive stress and damage that would typically kill normal cells.

ACellular "Defense Mechanism" Uncovered

This finding suggests that cancer cells are not just passive victims of their environment; they are dynamic survivors. By redirecting their

mitochondria, they ensure the nucleus receives the energy required for immediate DNA repair, effectively shielding themselves from destruction.

This energy-driven "defense mechanism" may explain how tumors maintain resilience and continue spreading through dense tissue, even under attack from therapies that target their metabolism or structure.

"Targeting this mitochondrialnuclear communication could open an entirely new front in cancer therapy,"

Implications for Cancer Treatment

Scientists believe that interrupting this mitochondrial movement or its energy transfer to the nucleus could provide a novel therapeutic pathway. By disabling this repair system, cancer cells may become more vulnerable to existing treatments such as chemotherapy and radiation, which rely on damaging DNA to halt tumor

growth.

"Targeting this mitochondrialnuclear communication could open an entirely new front in cancer therapy," the researchers emphasized. "It gives us a new way to weaken tumors from within."

Looking Ahead: A New Direction in Oncology

Since metastasis accounts for nearly 90% of cancer-related deaths, understanding this mechanism could have profound implications. Future research will likely focus on identifying the exact molecular signals that trigger mitochondrial migration and developing drugs that can safely disrupt it.

This discovery not only deepens our understanding of cancer's adaptability but also highlights the intricate interplay between cellular structure, energy dynamics, and survival—showing once again that cancer's greatest strength lies in its ability to evolve.

STUDENTS CORNER





EVENTS

IAME State Artorium Reception Committee Office Inaugurated

Nilambur: The state-level Artorium organized by the IAME marked a new milestone with the inauguration of its Reception Committee Office. The function was inaugurated by Kootampura Abdurahman Darimi, President of the Kerala Muslim Jama'ath, Malappuram District.

The Artorium event, scheduled for November 7 and 8, will be hosted at Majma'a Saqafathil Islamiyya (MSI) English School, Nilambur. The program will feature both on-stage and off-stage competitions, showcasing the talents of top-performing students who emerged victorious in regional-level contests from various districts across the state.



▲ IAME Artorium Reception Committee Office Inaugurated by Kootambara Abdurahman Darimi

The inaugural ceremony was attended by several dignitaries, including Abdurahman Darimi Seaforth (General Manager, Majma'a Academy), Komban Muhammad Haji (Treasurer, Majma'a), V.P.M. Ishaq (General Secretary, IAME), T.K.

Abdullah Kunduthod (Joint Secretary, Majma'a), P.C. Abdurahman (Executive Member, IAME), Firoz A.T. (Administrative Officer, Majma'a), and Muhammad Ali, among others.

The Artorium aims to nurture artistic expression and intellectual growth among students, reflecting IAME's commitment to promoting quality education and holistic development within Kerala's minority educational institutions.

EduX Leaders Conference Begins with Grandeur



Thiruvananthapuram: The state-inauguration of the EduX Leaders Conference, organized by Edufy Publications for school heads and academic leaders across Kerala, was held at Forte Manor Hotel, Thiruvananthapuram. The event was inaugurated by A. Saifudheen Haji, Member of the Kerala State Minority Commission, while Executive Director Afsal Kolari presided over the function.

The conference aimed to explore new opportunities and emerging trends in the field of education and to present academic advancements that align with modern learning paradigms. With over two decades of excellence, Edufy Publications showcased its legacy and service contributions through multiple interactive sessions.

In the session "Unlocking the Leader Within", educational expert and trainer Amir Hasan from Australia led an insightful discussion on leadership transformation in academic institutions. The "Edufy 360 Books—Beyond Boundaries" session featured Masood Mangalapuram, Project Head of Edufy Academics, while Vandana Rao, Edufy's Childhood Curriculum Officer, led an engaging talk on "Little Steps, Big Dreams."



Kerala State Minority Commission Member A. Saifudheen Haji inaugurates Edufy Edux Leaders Conference at Thiruvananthapuram

The conference also highlighted Edufy's wide range of educational initiatives designed to ensure quality education in alignment with the National Education Policy (NEP). These include the 1–8 Curriculum Framework, TRM, Teachers Training Programs, Assessment Workshops, Edufy Learning Management App, Interactive Digital Support, Spotlight Program Manual, EduQuest School Visits, Avenir Digital Magazine, ICET (International Skill Enhancement Training), UTS and LTS Scholarships, and both online and offline academic services.

Edufy also offers initiatives like the "I-Brim Grade 10 Excellence

Program," EduRich Leaders Training, Fumus Physical Education Support, Career & Parenting Programs, Testimonial & Success Stories, Edufy Legal Connect, and Edufy Talent Bridge, all designed to support the holistic growth of students, teachers, and institutions.

Through innovative projects and conferences, Edufy Publications aims to unite emerging educational institutions and strengthen academic quality across Kerala. Future conferences are scheduled to be held in Nilgiris, Ernakulam, Mangalapuram, Kanyakumari, Kollam, and Mysuru, further expanding Edufy's commitment to educational excellence.



IAMEHELPLINES

PRO/Book	8086511165
Accounts Dept.	8086511166
Academic Dept.	8086511167
Programme Dept.	8086511168
Marketing Dept.	7593871275
SchoolMart	8086511176
IT/Digital Support	8590600041
Godown	8590600042

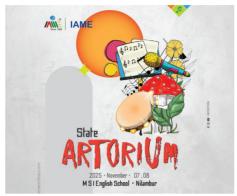


IAME Regional artoriums move toward Grand Finale

Kozhikode: As part of the preparations for the state-level Artorium organized by the Ideal Association for Minority Education (IAME), scheduled to be held on November 7 and 8, regional-level Artoriums conducted across various parts of the state are moving toward a colorful conclusion. The vibrant competitions have ignited a new wave of cultural enthusiasm across IAME schools, showcasing the artistic and creative potential of students.

The Artorium series began with an inaugural event at Al Maquar English Medium School, Taliparamba, inaugurated by renowned poet Veerankutty. Spread across eight regions, the events held throughout September and October featured a wide range of on-stage and off-stage competitions, capturing the attention of audiences and providing a platform for students to express their creative talents.

The regional Artoriums in Kannur, Malappuram, Palakkad, Thrissur, and



Central regions have already been successfully completed. The Malappuram regional event on September 27 at Izzathul Islam Higher Secondary School, Kuzhimanna; the Palakkad regional Artorium on October 4 at S.A. World School, Parakkulam; the Central regional event on the same day at Arafa Public School, Pezhakkappilly; and the Thrissur regional Artorium on September 27 at I.G. English School, Chirakkal.

Students who have excelled at the regional level will qualify to participate in the state-level Artorium.

Each venue witnessed spirited performances and artistic displays that inspired both participants and audiences alike, energizing the school communities across the regions.

The upcoming regional Artoriums will be held in Kozhikode, Kasaragod, and South regions. The Kozhikode regional Artorium is scheduled for October 14 and 15 at Markaz Public School, Koyilandy; the Kasaragod regional event will be held on October 18 at Mujammau English Medium Senior Secondary School, Trikkarippur and the South regional Artorium will take place on the same day at Majlis English Medium School, Kayamkulam.

With active participation and leadership from the IAME state committee, the Artoriums continue to serve as a vibrant platform for nurturing creativity, cultural expression, and artistic excellence among students—setting the stage for a grand state-level finale in November.

"Akshara Deepam" Initiative Launched in IAME Schools

Kozhikode: The state-level launch of the Siraj Daily Akshara Deepam initiative was held recently across IAME schools in Kerala, marking a significant step in promoting literacy and learning among students.

Conducted under the theme "True Light of Letters", the initiative is part of the larger Siraj Daily campaign aimed at nurturing reading habits and academic growth.

The program was implemented at

Ferok Qadisiyya English School under the sponsorship of Hadi Borewell. During the launch, IAME Chairman Syed Muhammad Turab Al-Saqafi, along with Hadi Borewell MD Ahmad Shahir as the representative, handed over a symbolic newspaper to Hadi Borewell's son, Adal Hadi.

The Akshara Deepam initiative provides students with resources

designed to support scholarship examinations and various Olympiads. It includes pages with letters, opportunities, and information on career options as well as institutions available for further education. Chairman Syed Muhammad Turab Al-Saqafi urged schools to implement the program successfully by seeking sponsorship either from the PTA or well-wishers.