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WHERE WATER FLOWS, EQUALITY GROWS

UN WATER
22 MARCH
WORLD WATER DAY
2026 Water and gender

Water: The Future of Life

Water is one of the most precious resources on our planet. It sustains life, supports agriculture, fuels industries and maintains the delicate balance of ecosystems. Yet, despite its importance, water is often taken for granted. Every year on World Water Day, observed on March 22, people around the world are reminded of the value of freshwater and the urgent need to protect it. Established by the United Nations in 1993, this global observance encourages individuals, communities and governments to take meaningful action toward sustainable water management.

The Global Water Challenge

Although the Earth is often called the "Blue Planet," only a small fraction of its water is suitable for human consumption. Nearly 97 percent of the world's

EDITORIAL

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Every Drop Counts: A Call for Water Responsibility

Water is the foundation of life. It nourishes our bodies, sustains agriculture, powers industries, and supports every living organism on Earth. Yet, despite its importance, fresh water remains a limited resource that must be protected with care and responsibility. World Water Day, observed every year on March 22, reminds us of the urgent need to conserve and manage water wisely for the well-being of present and future generations.

Today, many parts of the world face serious challenges such as water scarcity, pollution of rivers and lakes, and the excessive use of groundwater. Rapid urbanisation, climate change, and careless consumption have placed increasing pressure on our water resources. What once seemed abundant is now becoming precious.

This reality makes water conservation not just a global concern but a personal responsibility for each of us.

Schools play an important role in shaping awareness and responsible habits among young people. Students, as future citizens, must learn that saving water begins with simple daily actions. Turning off taps tightly, avoiding wastage while washing, using water carefully at home and school, and supporting practices like rainwater harvesting are small steps that can create a meaningful difference. Each drop saved today is a step toward securing water for tomorrow.

Teachers, too, hold a vital responsibility in guiding students toward environmental stewardship. By encouraging discussions about

water conservation, integrating environmental awareness into classroom learning, and leading by example in daily practices, educators can inspire students to value and protect this essential resource. When knowledge is combined with action, schools become centres of positive change for the wider community.

World Water Day is not only a day of awareness but also a reminder of our shared duty. Protecting water means protecting life itself. Let us encourage our students to grow into responsible guardians of nature and remind ourselves that every small effort matters. If each of us learns to respect and conserve water, we can ensure that this precious gift continues to flow for generations to come.

water is salty, found in oceans and seas. Of the remaining three percent of freshwater, much of it is locked in glaciers and ice caps, leaving only a limited amount available for drinking, agriculture and everyday use.

Despite technological progress, access to clean water remains a major challenge in many parts of the world. Millions of people still rely on unsafe water sources, leading to waterborne diseases and health problems. Lack of proper sanitation further worsens the situation, affecting the quality of life for communities across continents.

The global water crisis is also closely connected to population growth, urbanization, climate change and pollution. Rivers and lakes are being contaminated by industrial

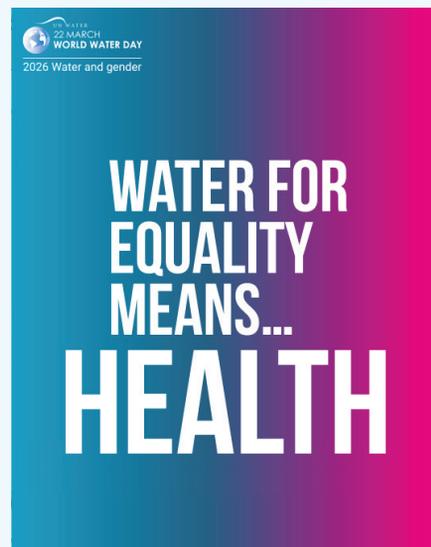
waste, plastics and chemicals. Groundwater levels are declining in many regions due to excessive

extraction. These challenges remind us that water is not an unlimited resource and must be managed wisely.

Theme of World Water Day 2026: Water and Gender

Each year, World Water Day focuses on a specific theme to highlight different aspects of the water crisis. The theme for 2026 is “Water and Gender,” carrying the message “Where water flows, equality grows.”

This theme draws attention to the strong link between water access and gender equality. In many developing regions, women and girls are primarily responsible for collecting water for their households. They often walk long distances every day carrying heavy containers, sometimes spending several hours just to secure



enough water for drinking, cooking and cleaning.

This responsibility can limit educational opportunities for girls, as they may miss school or have less time for studying. It can also affect health and safety. When communities gain reliable access to safe water sources, the benefits are enormous: girls can attend school regularly, families experience better hygiene and communities grow healthier and more prosperous.

Thus, ensuring access to clean water is not only an environmental concern but also an important step toward achieving social justice and gender equality.

Water and Sustainable Development

Water plays a central role in achieving the global development goals set by the international community. One of the key targets of the United Nations is Sustainable Development Goal 6, which aims to ensure clean water and sanitation for all by the year 2030.

Achieving this goal requires cooperation among governments, scientists, environmental organizations and ordinary citizens. Investments in water infrastructure, wastewater treatment and conservation technologies are essential. Equally important is raising awareness among young people about responsible water use.

Schools play a powerful role in spreading this awareness. When students learn about environmental responsibility, they become future leaders who can help protect natural resources.

The Role of Students in Water Conservation

Students may feel that global environmental issues are too large for

individuals to influence, but small actions can collectively create significant change. Young people can adopt simple habits that reduce water waste and encourage others to do the same.

Here are some practical ways students can contribute to water conservation:

- Turn off taps while brushing teeth or washing hands.
- Fix leaking taps or report them immediately.
- Use water carefully when washing dishes or cleaning.
- Promote rainwater harvesting in schools and homes.
- Participate in environmental clubs and awareness campaigns.
- Plant trees, which help maintain the natural water cycle.

Through these actions, students can become guardians of water resources in their communities.

The Importance of Protecting Water Sources

Protecting water does not only mean saving it; it also means keeping it clean. Rivers, lakes and groundwater sources are often polluted by waste and chemicals. Protecting these sources is essential for maintaining healthy ecosystems

Forests and wetlands play an important role in protecting water resources. Trees help absorb rainwater, reduce soil erosion and maintain groundwater levels. Wetlands act like natural filters that remove pollutants from water. When these natural systems are destroyed, water quality and availability are affected.



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Therefore, environmental protection and water conservation must go hand in hand.

Building a Water-Secure Future

The future of our planet depends on how wisely we manage our natural resources today. Water connects every aspect of life—from the food we eat to the energy we produce and the ecosystems we depend on.

Ensuring fair access to clean water will require innovation, cooperation and strong environmental awareness. Governments must invest in sustainable water systems, communities must protect local water bodies and individuals must practice responsible water use in their daily lives.

Water is the foundation of life and the key to a sustainable future. Observing World Water Day reminds us that protecting water is a shared responsibility for all humanity.

As students, teachers and responsible citizens, we must recognize the value of every drop of water. By conserving water, protecting natural sources and supporting equality in access to water, we can help build a healthier and more balanced world.

If we protect water today, we protect the future of life on Earth.

Unsung Heroines Around Us

There is no limit to what we, as women, can accomplish. – Michelle Obama

Great achievements often capture headlines, but many of the most meaningful contributions to our lives come from women whose efforts remain quietly in the background. These are the unsung heroines around us, whose strength, kindness and dedication shape our families, schools and communities every day.

An unsung heroine is someone who performs extraordinary acts with kindness, patience and strength but rarely seeks recognition. Their efforts may not appear in newspapers or history books, yet their influence is powerful and lasting.

The First Heroine: A Mother

For many students, the first and most important unsung heroine is their mother. A mother's life is often filled

with endless responsibilities—caring for the family, guiding children and balancing work and household duties. She wakes up early, ensures everyone is ready for the day and continues to support the family long after everyone else has rested.

Mothers teach their children the first lessons of life: kindness, patience, honesty and determination. Their sacrifices often go unnoticed because they are made with love and without expectation of reward. Behind many successful individuals stands a mother whose silent strength helped shape their journey.

Teachers Who Shape the Future

Another group of unsung heroines can be found within the walls of every school—teachers. A dedicated teacher does far more than explain lessons from textbooks. She inspires curiosity, encourages creativity and helps

students discover their talents

Teachers often spend countless hours preparing lessons, guiding struggling students and motivating young minds to believe in themselves. Sometimes, a few encouraging words from a teacher can change the direction of a student's life. Though their work may not always receive public recognition, teachers quietly build the future by nurturing the next generation.

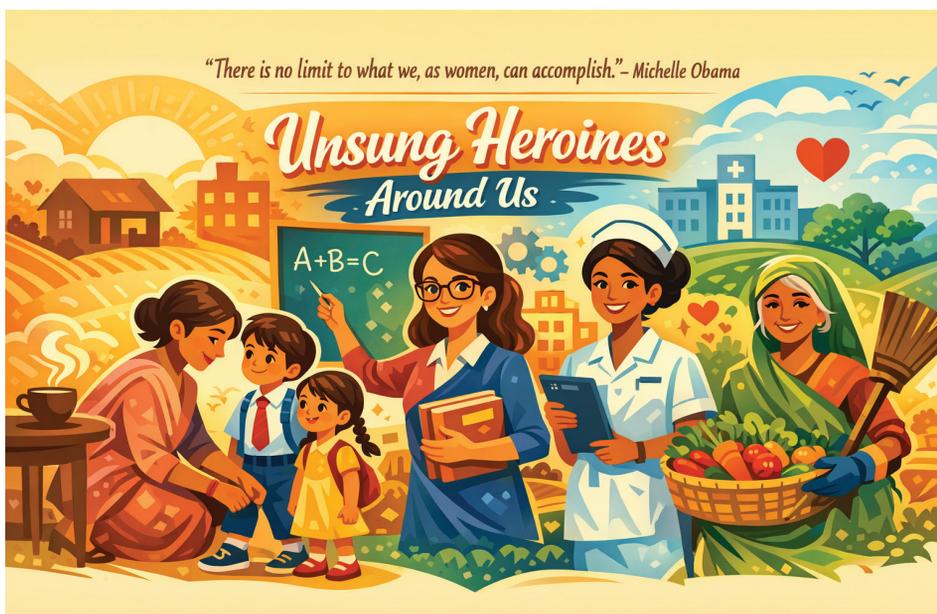
Women Who Serve the Community

Across towns and villages, many women contribute to society through hard work and service. Nurses who care for patients with compassion, sanitation workers who keep cities clean, farmers who cultivate food for communities and social workers who help the vulnerable—all play vital roles in building a healthier society.

These women often work in challenging conditions with limited resources, yet they continue their duties with dedication and resilience. Their service reminds us that heroism is not always about grand gestures; sometimes it is about consistent acts of care and responsibility.

Courage in Everyday Life

Unsung heroines also include women who overcome personal challenges with courage. Some pursue education despite financial difficulties. Others manage both professional careers and family responsibilities with determination. Many women continue to break barriers in fields where opportunities were once limited.



Their stories teach us that strength is not only found in dramatic moments but also in everyday perseverance. Each small step they take toward progress contributes to a larger change in society.

Why Their Stories Matter

Recognizing the contributions of ordinary women is important because it helps us understand that true heroism exists all around us. By acknowledging these efforts, we encourage respect, equality and appreciation for the people who support our lives in quiet ways

Students, in particular, can learn valuable lessons from these examples. Gratitude toward parents, respect for teachers and appreciation for community workers can help build a culture of kindness and understanding.

A Day to Say “Thank You”

Observing International Women’s

Day is not only about celebrating famous personalities; it is also an opportunity to recognize the women who make a difference in our daily lives. A simple “thank you” to a mother, teacher, or community worker can express deep appreciation for their efforts.

These women may not appear on television or receive prestigious awards, but their impact is felt in countless homes, classrooms and communities.

Heroes Without Headlines

The world is full of inspiring stories, but many of the most powerful ones remain untold. Unsung heroines continue to shape our families, educate our minds and strengthen our communities through dedication and compassion.

As we celebrate International Women’s Day, let us take a moment to recognize and appreciate the women



around us whose quiet strength makes the world a better place.

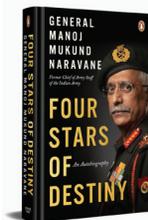
They may not seek applause, but their contributions deserve our deepest respect-because sometimes the greatest heroes are those who work silently behind the scenes.

ISSET CORNER / CURRENT AFFAIRS FEBRUARY

1. What was the former name of the airport in Punjab that was renamed as Shri Guru Ravidas Ji Airport Adampur, Punjab? - **Adampur Airport**
2. Who won the award in the Audiobook Narration and Storytelling category at the 68th Grammy Awards, the world’s most prestigious honour in music? - **Dalai Lama** *The award was given for narrating the audiobook “Meditations: The Reflections of His Holiness the Dalai Lama.”, The award on behalf of the Dalai Lama was received by Canadian-American singer Rufus Wainwright.*
3. Which album was selected as



- Album of the Year at the 68th Grammy Awards? **Puerto Rican artist Bad Bunny’s “DeBí Tirar Más Fotos.”**
4. Which Indian-origin climate scientist received the Crafoord Prize, often called the Nobel Prize of Earth Sciences? - **Veerabhadran Ramanathan**
5. Whose autobiography is titled “Four Stars of Destiny,” which includes analysis of the India-China conflict and the Agniveer scheme? - **General M. M. Naravane** *Another book of his published last March is “Conspiracy.”*
6. Where is the country’s first organ-transplant hospital being



- established? - **Kozhikode (Chevayur)**
7. Who became the new Chief Minister of Manipur after one year of President’s Rule? - **Yumnam Khemchand Singh, Deputy Chief Minister – Nemcha Kipgen**
8. Which Chief Minister personally appeared in the Supreme Court and argued a case for the first time in history? - **Mamata Banerjee**
9. Who received the Swadeshbhimani-Kesari Award given by the state government for overall



contributions to the media field?
Malayinkeezh Gopalakrishnan

10. Name of the newly discovered Earth-like planet located about 146 light-years away? - **HD137010b**
 11. Official mascot of the Kerala Motor Vehicles Department? - **Mottu, the baby elephant**
 12. Which police station in Kerala was included among the top ten police stations in India by the Ministry of Home Affairs? - **Iritty Police Station (Kannur Rural)**
 13. Winner of the 2026 Under-19 Cricket World Cup? - **India**
Two Malayali players in the team – Aaron George, Muhammad Inan
Player of the Tournament and Player of the Match – Vaibhav Suryavanshi
- 
14. Name of the take-away counters launched by Kudumbashree in 2026? - **Meet Point**
 15. Winner of the 2026 Women's Premier League cricket title? **Royal Challengers Bengaluru**
 16. Indian teacher who won the Global Teacher Prize 2026? - **Rubal Nagi**
 17. First district in India to achieve 100% insurance coverage as part of the "Insurance for All by 2047" mission? - **Alwar (Rajasthan)**
 18. World's first fully biomimetic AI robot released by China? - **Moya**
 19. Project implemented jointly by the Transport Department and Education Department to develop road safety culture among students

in Kerala? - **Road Safety Cadet**

**Kerala Youth Commission
Youth Icon Awards 2025–
2026 winners**

- **Kalyani Priyadarshan** – Arts & Culture
 - **Nileena Atholi** – Media
 - **Vimal Govind** – Industry/ Entrepreneurship
 - **R. Vishnuraj** – Agriculture
 - **Amal Pirappankode** – Literature
 - **P. Muhammad Afsal** – Sports
20. First Indian private satellite to capture images of the International Space Station from space? - **Azista BST Aerospace**
 21. Winner of the 2026 SAFF Under-19 Football Championship? - **India**
 22. Winner of the 2026 Santosh Trophy football tournament? - **Services, Runners-up – Kerala Venue – Assam**
- 
23. Goodwill Ambassador of Kerala Government's e-taxi service 'Kerala Savari'? - **Sanju Samson**
- 
24. Which authority issued an order directing that the national song "Vande Mataram" be sung at government events attended by the President and Governors? - **Ministry of Home Affairs**
 25. India's first musical road inaugurated at? - **Mumbai Coastal Road**

26. Youngest organ donor in the state Kerala? - **Alin Sherin Abraham**



Alin Sherin Abraham

27. Which party returned to power after two decades with a decisive victory in the Bangladesh general elections of 2026? - **Bangladesh Nationalist Party**
28. Indian city where a full-body statue of Karl Marx was unveiled? - **Chennai**
29. Official messenger app recommended by the Russian government as an alternative to WhatsApp? - **Max**



30. India's first Cow Heritage Museum will be established at? - **Mathura (Uttar Pradesh)**
 31. First Malayalam film screened at the Academy Museum of Motion Pictures in Los Angeles? **Bramayugam**
 32. Winner of the 2025 BBC Indian Sportswoman of the Year Award? **Smriti Mandhana**
- 
- Smriti Mandhana
33. According to the ICMR-INDIAB survey, which state has the highest percentage of abdominal obesity in India? - **Kerala (58.2%)**
 34. Fastest metro service launched in India in Uttar Pradesh? - **Meerut Metro (maximum speed – 120 km/h)**
 35. Recipients of the G. V. Raja Award 2024–2025 of the Kerala Sports

Council: - **Muhammad Afsal – Athletics, P. K. Aishwarya – Netball**

36. Who achieved the record of playing the most matches in international women’s cricket? - **Harmanpreet Kaur**



37. Which country won the 25th Winter Olympics 2026 with 41 medals including 18 gold? - **Norway**

38. India’s first visually-impaired-friendly museum built in Indo-Dutch architectural style? **Nila Heritage Museum (Ponnani)**

39. Winner of the Best Novel/Story category at the 2025 Children’s Literature Awards of the State Institute of Children’s Literature?

Sreejith Moothedath - **Penguinukalude Vankarail**



40. New action plan launched by the Ministry of Home Affairs to combat terrorism? - **PRAHAAR**

- P – Prevention
- R – Response
- A – Aggregating
- H – Human Rights
- A – Attenuating
- A – Aligning
- R – Recovery

41. Venue of the AI Impact Summit 2027? **Geneva, Switzerland**

42. Which state received central approval on February 24, 2026, under Article 3 of the Indian Constitution for a name change? **Kerala (the official name will be written as “Keralam”)**

43. Global open-source educational software developed by KITE containing Tamil and Kannada educational content? - **GCompris**



44. New social media platform launched exclusively for AI bots and agents to interact with each other? - **Moltbook**



45. Municipality in Kerala that achieved the United Nations “Zero Waste City” status in February 2026? - **Varkala (Thiruvananthapuram)**

EVENTS

Management Summit Concludes at Jamia Markaz

Kozhikode: The State Management Summit organised by the IAME concluded at Jamia Markaz. The summit was inaugurated by Kanthapuram A. P. Aboobacker Musliyar, widely known as Sultanul Ulama. The programme was presided over by IAME President Sayyid Muhammad Thurab Thangal Al-Saqqaf.

Management representatives from English medium schools across various districts of the state participated in the summit. The programme featured a series of sessions focusing on leadership, innovation and the future of education.

In the session titled “Lead X and Impact,” Patron Dr. Abdul Hakeem Azhari, Academic Secretary Noufal Kodur and Kerala Muslim Jamaath Secretary Majid Kakkad shared their insights on leadership and

institutional development.

Another session on “Technology Driven Learning” was led by AI Curriculum Digital Project Officer Jayesh Bangalore, while AAF Project Officer Abdul Basith conducted the



“National Enclave Vision Future” session.

As part of the reflection and future roadmap presentations, IAME General Secretary V. P. M. Ishaq introduced upcoming initiatives such as the Training School and

Recruitment Cell. Under the Pan-India project, new KG-level language textbooks for the upcoming academic year were also released. These included “Then Tamil,” “Roshni,” “Chigru,” and “Titli,” designed for Tamil, Urdu, Kannada and Hindi

language learning respectively.

The summit highlighted IAME’s ongoing efforts to strengthen educational management and innovation across its network of institutions.

Primora KG Summit Concludes in Kozhikode

Kozhikode: The state-level KG Teachers’ Conference, Primora, organised by the IAME, concluded successfully at Kozhikode Shikshak Sadan. The programme was inaugurated by IAME General Secretary V. P. M. Ishaq, while Executive Director Afsal Kolari presided over the event.

KG heads and teachers from English medium schools across various districts of the state participated in the summit, which featured a series of interactive and informative sessions focused on early childhood education.

In a session titled “Unlocking

Creativity in Gen Alpha,” Jiju Thomas, Academic Director of Learnware AI EduTech, shared insights on nurturing creativity and innovation among young learners. Another session introducing the AI Play Learn Package was led by Vandana Rao, IAME ECCE Officer and Curriculum Developer.

The session on “AI Integrated Curriculum – A New Way” was conducted by AI-enabled Project Officer Biju R., along with Smanitha K. V. Corporate trainer and Master Life Coach Dinesh Shankar also led a session on “Care and Belonging,” highlighting the importance of

emotional support and inclusivity in early childhood education.

As part of the programme, IAME also released its new KG learning package “Fun” and the Malayalam series “Mukkutti” for the upcoming academic year. Curriculum Designing Member Krishnadas spoke about the newly introduced books and their educational approach.

The summit served as a platform for educators to exchange ideas and explore innovative approaches in kindergarten education.

CAREER AVENIR Career Conclave for Students on April 1 in Calicut

Kozhikode: The IAME will organize a major career conclave titled “Career Avenir” for school students on April 1, 2026 (Wednesday) in Calicut. The programme will be held from 9:00 AM to 5:00 PM with the objective of helping students explore various career opportunities and make informed academic choices.

The conclave aims to guide students in identifying suitable career paths by providing them with exposure to higher education institutions, professional experts, and career counsellors. Organizers stated that the event will offer a platform where students can directly interact with experts and institutions from different academic and professional fields.

Institutions from diverse sectors such as medical and paramedical colleges, commerce and finance studies, management institutions,



engineering colleges, hotel management and catering institutes, arts and science colleges, media and journalism institutes, research and advanced studies centres, international and study abroad institutions, education consultancies, language institutions, nursing colleges, digital marketing institutes,

AI, robotics and data science training centres, law colleges, PSC coaching centres, career guidance services, and Da’awa colleges are expected to participate.

The event will feature several engaging sessions including career talks by international experts, psychological and career clinics, career guidance and counselling sessions, scholarship orientation programmes, personal interaction with experts, panel discussions, and a career book expo.

Organizers said that Career Avenir is expected to benefit a large number of school students by helping them gain clarity about their future education and career prospects.